

# ST IVES SAILING CLUB CONFIDENT COMPETENT SINGLE HANDED SAILOR

- YOU SHOULD HAVE AN RYA LEVEL 2 SAILING QUALIFICATION OR SIMILAR
- OR YOU SHOULD HAVE COMPLETED A MENTORING COURSE WITH A COMPETENT EXPERIENCED LOCAL MEMBER
- YOU SHOULD BE COMPETENT IN RIGGING YOUR BOAT AND CONFIDENT YOU CAN RE RIG THE BOAT AT SEA.
- YOU CAN HANDLE YOUR BOAT IN SINGLE HANDED IN THE EXPECTED WEATHER CONDITIONS OF THE BAY
- YOU ARE CONFIDENT YOU CAN HANDLE THE BOAT IN OPEN WATER SEA CONDITIONS INCLUDING FIERCE TIDES
- YOU ARE CONFIDENT THAT YOU CAN RETRIEVE YOUR BOAT FOLLOWING A CAPSIZE
- YOU CAN UNDERSTAND AND COMPLY WITH THE STANDING SAFETY BRIEF